



I Can Knit Socks!

Skill Level: Intermediate

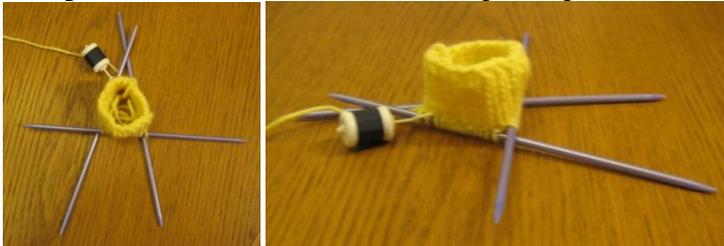
Supplies:

- 1 ball Lion Brand Wool-Ease Yarn (or other worsted weight yarn – natural fibers work best)
- Size 5 double point needles, or size to obtain gauge (can be a set of 4 or 5 needles)
- Large-eyed blunt needle
- Row counter stitch marker
- Stitch markers

Gauge

24 stitches x 28 rows = 4 inch square

Cast on 40 stitches (for a more elastic cast on – hold 2 needles together to cast on). Divide stitches evenly onto 3 needles. BE CAREFUL NOT TO TWIST! Place row stitch counter for beginning of round (place 2 or 3 stitches from beginning). This is needle #1. Work in k1, p1 for 1 ½ inches. Change to St st (k every round) and work until piece measures 2 inches from beginning.



Shape Heel Flap

Knit across 10 sts on needle #1, turn. Slip extra stitches to needle #2.

Row 1 (WS) With empty needle, sl 1 st, purl 9 sts on first needle and 10 sts on needle 3 – 20 sts for heel flap. Work back and forth on these sts in rows.

Row 2 *Sl 1, k1; rep from * across.

Row 3 Sl1, purl across.

Rep last 2 rows until a total of 21 rows have been worked, ending with a purl row.



Turn Heel

Next Row (RS) Sl 1, k 11, skp, k 1, turn.

Next Row Sl 1, p 5, P2tog, p1, turn.

Next Row Sl 1, k 6, skp, k 1, turn.

Next Row Sl 1, p 7, p2tog, p 1, turn.

Continue to work in this manner, having 1 more st before decs on each row until 12 sts remain. (On the last purl row, sl 1, p10, p2tog.)



Gussets

With first needle, knit across 12 sts of heel, pick up and k 12 sts along side of heel flap, M1 between heel flap and next (instep) needle, with second needle, work 20 sts across instep needle (needle 2), with third needle, M1 between instep needle and heel flap, pick up 12 sts along remaining side of heel flap, work across 6 sts of heel flap – 58 sts. Place marker for beg of rnd.



Set-up dec rnd: K17, k2tog (needle #1), k20 (needle #2), k2tog, K 17 (needle #3).

Rnd 1: Knit 1 round.

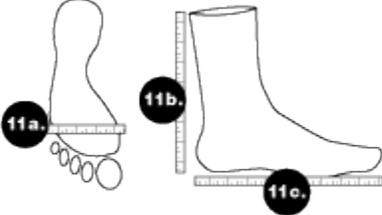
Rnd 2: K to last 2 sts, k2tog (needle #1), k20 (needle #2), k2tog, k to end (needle #3).

Repeat last 2 rounds until 40 sts remain.



Foot

Work even in St st until foot measures about 1 ½ inch less than desired length to beginning of toes.



11. Sock Measurements

The following measurements are for crew-style or dress socks, which usually come several inches above the ankle and below the calf.

11a. Foot Circumference: To determine the foot circumference, measure around the widest part of your foot.

11b. Sock Height:
To determine the height of the sock, measure from where you start to turn for the heel shaping to the top of the sock.

11c. Total Foot Length: To measure the total length of your foot, place a ruler or tape measure on the floor. Position the back of your heel at the beginning of the tape and the measure to your longest toe

(For more info on measurements: <http://www.craftyarnCouncil.com/sizing.html>)

Shape Toe

Dec Rnd K to last 3 sts on needle, skp, k1 (needle #1), k1, k2tog, k14, skp, k1 (needle #2), k1, k2tog, k to end (needle #3).

Knit 1 rnd.

Repeat last 2 rounds until 16 sts remain. Divide sts evenly onto 2 needles. Cut yarn, leaving a long tail.



Grafting

Hold the 2 needles parallel with wrong sides together, thread a large-eyed blunt needle with one of the yarn ends and work as follows:



Setup row 1: Insert needle as if to purl into the first stitch on front needle and leave stitch on needle.

Setup row 2: Insert needle as if to knit into the first stitch on back needle and leave stitch on needle.

Then follow steps 1-4 below:

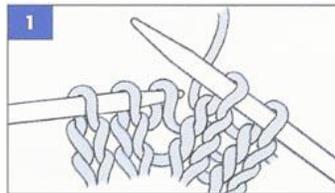
1. Insert needle as if to k through first st on front needle and let the st drop from needle.
2. Insert needle into 2nd st on front needle as if to purl, and leave st on needle.
3. Insert needle into first st on back needle as if to purl and let it drop from needle, then,
4. Insert needle as if to knit through 2nd st on back needle and pull the yarn through, leaving st on needle.

Repeat steps 1-4 until all sts have been grafted. When finished grafting, adjust tension as necessary.

Weave in ends.

Abbreviations

k =	Knit	rnd=	round
p =	purl	beg=	beginning
sts =	stitches	k2tog=	knit 2 together
St st =	stockinette stitch	skp=	slip, knit, pass slipped stitch over
WS =	wrong side	M1 =	make 1
RS =	right side	Sl 1 =	Slip stitch to other needle



Picture of M1

www.lionbrand.com